



3 East 65<sup>th</sup> Street  
New York, NY 10065  
212-570-4052

26 Court Street  
Brooklyn Heights, NY 11242  
212-570-4052

## **Patient History Form**

Patient Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_

Cell phone \_\_\_\_\_

Home phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Emergency Contact (name and phone number) \_\_\_\_\_

Referring Doctor \_\_\_\_\_ Family Physician \_\_\_\_\_

**Chief Complaint** \_\_\_\_\_

(Reason for today's visit)

**Current Medications**

**Dose**

**Frequency**

Current Medications	Dose	Frequency

Do you take vitamins, supplements or nutraceuticals? (list name and dosage)


Have you taken any aspirin, ibuprofen or arthritis medicine in the last two weeks? \_\_\_\_\_

If so, how much, when? \_\_\_\_\_

Do you bruise easily? \_\_\_\_\_

***DRUG ALLERGIES:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Psychiatric History:** \_\_\_\_\_

**Prior Psychiatric Treatment:** \_\_\_\_\_

**Prior Addiction Treatment:** \_\_\_\_\_

**Prior Psychiatric Medication (dates used, doctor who prescribed it, medication, dosage, effect & side-effect)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medical Illnesses:**

\_\_\_\_\_

**Hospitalizations**

_____	<b>Date</b>
_____	<b>Date</b>

**Surgical Procedures**

_____	<b>Date</b>
_____	<b>Date</b>
_____	<b>Date</b>
_____	<b>Date</b>

***Family History:***

**Family Member**

**Psychiatric Illness, History of Addiction, Medical Illnesses**

Mother	_____
Grandparents (maternal)	_____
Father	_____
Grandparents (paternal)	_____
Sister(s) / Brother (s)	_____

## ***Social History:***

Are you presently working or going to school full or part time? \_\_\_\_\_

Employer / School: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Do you live alone? \_\_\_\_\_ Who lives with you? \_\_\_\_\_

Do you have children? \_\_\_\_\_

If yes, how many? Ages and names of children \_\_\_\_\_

\_\_\_\_\_

Do you smoke cigarettes?  Yes  No (How many cigarettes or packs per day?) \_\_\_\_\_

Cigars? \_\_\_\_\_ Pipe? \_\_\_\_\_ Chewing tobacco? \_\_\_\_\_

Marijuana? \_\_\_\_\_

How long have you been chewing or smoking \_\_\_\_\_

Do you drink alcohol?  Yes  No

Is it  Social  Heavy  Prior addiction?

How many days per week do you drink? \_\_\_\_\_

How many drinks do you consume in one day? \_\_\_\_\_

How many drinks do you consume per week (total)? \_\_\_\_\_

Do you take or have you taken recreational drugs?  Yes  No

Marijuana?

Cocaine?

Amphetamines?

Opiates?

Heroin?

Club Drugs?

Do you have any difficulty sleeping?

Never  Often  Sometimes  Getting to sleep  Staying awake

What time do you go to sleep? \_\_\_\_\_ Wake up? \_\_\_\_\_

Does anyone complain that you snore?  Yes  No

Do you stop breathing at night?  Yes  No

Do you wake up tired in the morning?  Yes  No

Do you fall asleep in the daytime?  Yes  No

Caffeine intake per day: \_\_\_\_\_

Do you exercise?  Yes  No Type/Frequency: \_\_\_\_\_

Are you at risk for AIDS (e.g. sexual orientation, drug abuse, previous blood transfusion)? \_\_\_\_\_

If yes, explain: \_\_\_\_\_

## *Review of Systems*

Are you currently having, or have you had problems with: (check all that apply)

### **General well-being**

- Fever
- Weight loss (>10#)
- Excess fatigue
- Recurrent Nausea / vomit
- Night sweats

### **Eyes**

- Wear glasses
- Date of last exam \_\_\_\_\_
- Infections
- Injuries
- Glaucoma
- Cataracts
- Blurred vision
- Trouble focusing
- Recent change in vision

### **Ears, Nose, Mouth and**

#### **Throat**

- Wear hearing aids
- Date of last exam \_\_\_\_\_
- Hearing loss
- Ear infection
- Pressure in ears
- Ringing in ears
- Pain in ears
- Balance disturbance
- Itching in ears
- Dizziness
- Nasal congestion
- Nasal drainage
- Nosebleeds
- Sinus problems
- Sinus infections
- Sinus headaches
- Throat infections
- Difficulty swallowing
- Lip or mouth sores
- Sore throats

### **Respiratory**

- Chronic cough
- Emphysema
- Bronchitis
- Asthma
- Chronic obstruction
- Pulmonary disease
- Shortness of breath
- Oxygen use at home
- Pneumonia
- Lung cancer
- Tuberculosis
- Blood in saliva
- Date of last chest X-ray \_\_\_\_\_

### **Cardiovascular**

- Chest pain
- Date of last EKG \_\_\_\_\_
- Heart attack
- High blood pressure
- Low blood pressure
- Irregular heartbeat
- Heart murmur
- Arm and leg swelling
- High cholesterol

### **Gastrointestinal**

- Blood in vomit
- Indigestion
- Nausea / vomiting
- Jaundice
- Abdominal pain
- Change in bowel habits
- Ulcers or Gastritis
- Colon, liver, stomach cancer
- Hepatitis

### **Hematologic**

- Anemia
- Hemophilia
- Easy bleeding / bruising
- Swollen glands

### **Genitourinary**

- Urinary tract infection
- Painful urination
- Blood in urine
- Difficulty urinating
- Incontinence
- Kidney stones
- Prostate cancer
- Endometriosis
- Uterine, ovarian or cervical cancer

### **Neurological**

- Disorientation
- Fainting / blacking out
- Light headedness
- Seizures
- Stroke
- Mini-stroke
- Memory problems
- Concentration problems
- Speech problems
- Facial weakness/ spasms
- Muscle weakness
- Coordination problems
- Uncontrolled shaking
- Headache
- Migraine

### **Endocrine**

- Diabetes
- Hormone problems
- Low blood sugar
- Thyroid disease
- Increased appetite
- Excessive thirst
- Excessive urination
- Temperature intolerance
- Pituitary gland problems
- Bleeding tendencies

### **Immunologic**

- Environmental allergies
- Hay fever
- Food allergies
- Immune system problems
- Connective tissue disease
- Frequent colds / infections

### **Skin**

- Eczema or psoriasis
- Dermatitis
- Dry or scaling skin
- Rashes
- Changes in skin color
- Changes in moles
- Skin cancer
- Breast pain or swelling
- Date of last Mammogram \_\_\_\_\_

### **Musculoskeletal**

- Broken bones
- list: \_\_\_\_\_
- Arm or leg weakness
- Joint pain or swelling
- Back pain
- Arthritis

### **Psychiatric**

- Anxiety
- Depression
- Manic/Depression
- Schizophrenia
- Considering suicide / homicide
- Panic attacks
- Sudden mood swings
- Emotional difficulties
- Insomnia

**PLEASE GIVE DR. GOLDFARB ANY LABWORK YOU HAVE HAD IN THE PAST YEAR.  
YOU MAY REQUEST THAT YOUR DOCTOR FAX IT TO 212 570-1077**

**The above information is accurate to the best of my knowledge.**

\_\_\_\_\_  
*Patient Signature*

\_\_\_\_\_  
*Date*

**I have reviewed the above information with the patient.**

\_\_\_\_\_  
*Lisa Goldfarb MD*

\_\_\_\_\_  
*Date*